



COMPLETION REPORT

PROJECT SAARTHI - FUNDED BY SBI FOUNDATION

NOV'23 - OCT'24

Report Overview

Project Saarthi, led by the Young Ignited Minds Foundation (YIMF) with funding from SBI Foundation, focused on addressing critical social issues: Menstrual Health, Mental Health, and the Prevention of Child Abuse. Running from November 2023 to October 2024, the project was implemented across 151 schools in Haryana, covering over 4,500 students. The project aimed to provide awareness, education, and support in line with the United Nations Sustainable Development Goals (SDGs), specifically SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), and SDG 5 (Gender Equality). This report presents a comprehensive overview of the project's outcomes, achievements, challenges, and its alignment with global health and education goals.

Project Scope and Key Metrics	UN SDGs & Indian Government Goals	Project Implementation	Impact Assessment	Way Forward

Project Scope & Key Metrics

Metric	Target	Achieved	% Achieved
Total Schools Covered	150	151	100.6%
Total Students Reached	4,500	4,514	100.3%
Awareness Booklets Distributed	4,500	4,514	100.3%
Sanitary Pads Distributed	4,500	4,897	109%
Workshops Conducted for Trainers	12	13	108%
Field Coordinator Visits	15	15	100%
Pre/Post Workshop Assessments Conducted	150	151	100.6%

Alignment with UN SDGs and Indian Government Goals

SDG 3: Good Health & Well-Being

The project addressed SDG 3 by promoting menstrual health and mental health awareness among students. Menstrual hygiene education directly contributes to the reduction of health disparities among girls, aligning with the National Health Policy 2017 of India, which prioritizes adolescent health.

SDG 4: Quality Education

Project Saarthi facilitated workshops and distributed educational materials, improving knowledge about menstruation, mental well-being, and child abuse prevention. This supports SDG 4 by

ensuring inclusive and equitable education.

SDG 5: Gender Equality

By addressing menstruation stigma and providing a platform to discuss menstrual health openly, Project Saarthi contributed to reducing gender-based barriers to education, aligning with India's 'Beti Bachao Beti Padhao' initiative.



Project Implementation and Activities

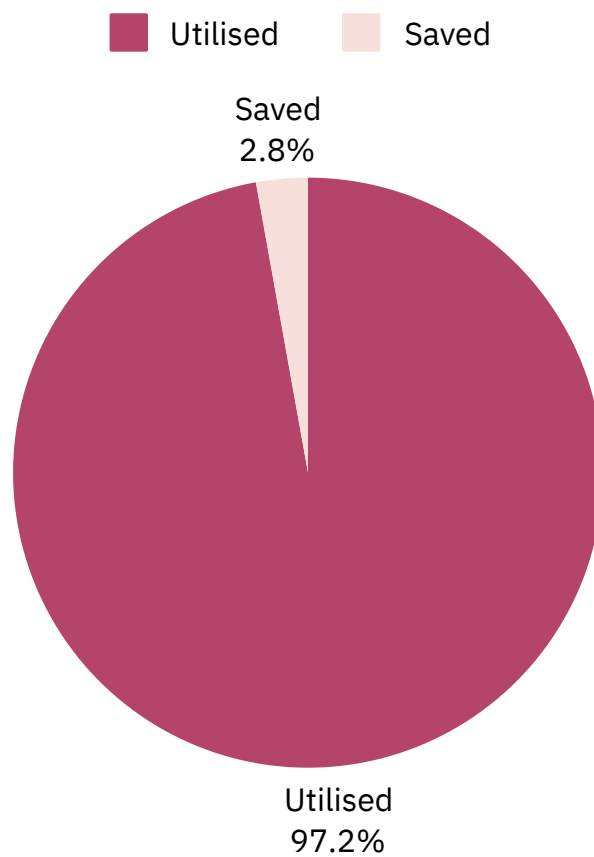
Monthly Coverage Overview

The progress of schools covered month-by-month is detailed below:

Month	Schools Covered	Students Reached	Notes
November 2023	0	0	MoU signed, team appointments
December 2023	0	0	Winter vacation, material finalization, 1 training workshop conducted for Project team and Speakers
January 2024	0	0	School mapping, initial preparations, 1 training workshop conducted for Project team and Speakers
February 2024	0	0	Farmers' Protest impacted activities
March 2024	0	0	Annual exams, end of school session
April 2024	34	1,049	Major progress after planning phase
May 2024	31	912	Continued implementation
June 2024	0	0	Summer break in schools
July 2024	4	111	Limited progress due to vacations
August 2024	53	1,458	Significant progress resumed
September 2024	17	510	Half-yearly exams in second half
October 2024	12	438	Completion of

Budget Utilization

- Total Grant Sanctioned: INR 24,67,000
- Total Utilized: INR 23,97,190
- Amount Saved (Unspent Amount Refunded to SBIF): INR 69,810



Glimpses of the Project



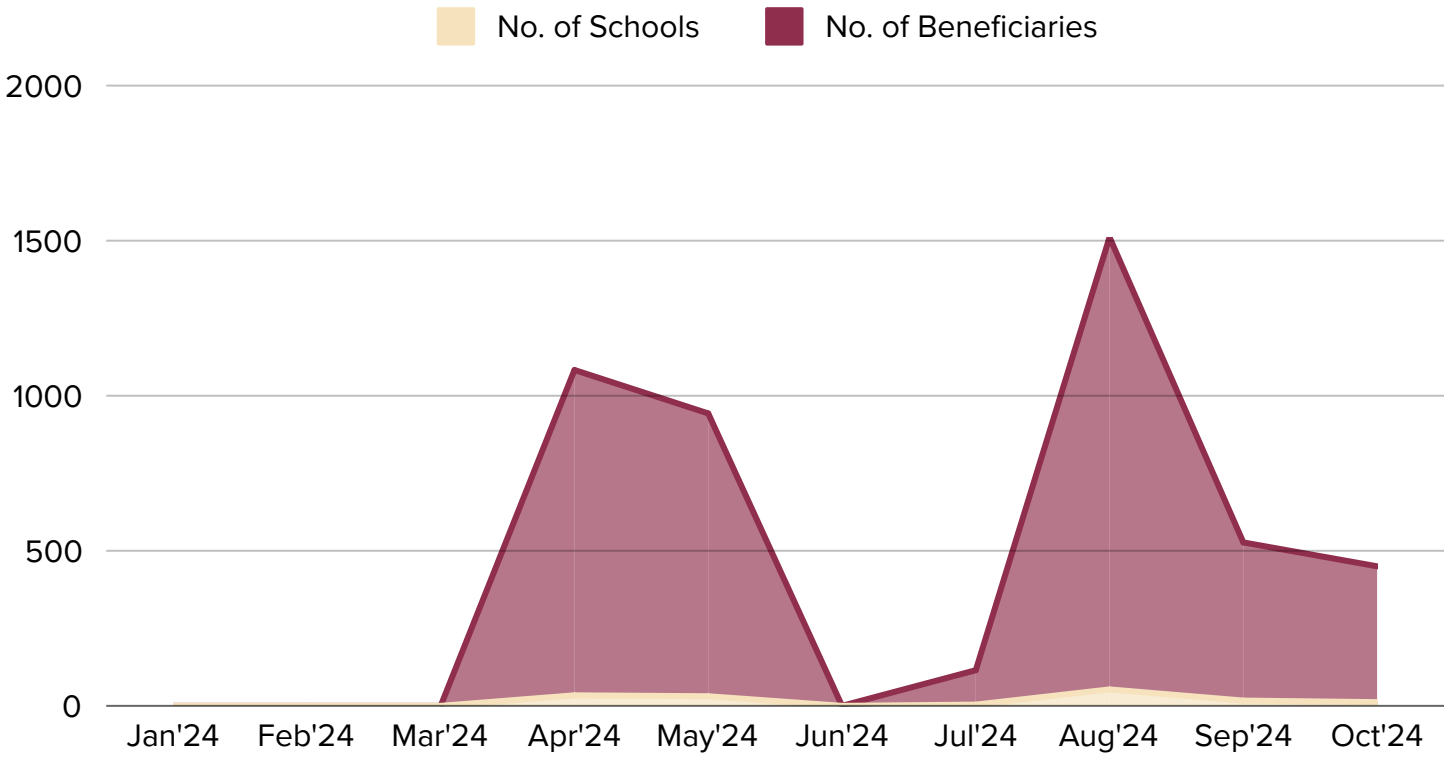


Impact Assessment




Detailed Project Impact Statistics

Impact Metric	Value	Description
Total Schools Covered	151	Number of schools where Project Saarthi was implemented
Total Students Reached	4,514	Total number of students who attended awareness workshops
Total Awareness Booklets Distributed	4,514	Number of awareness booklets distributed to students
Sanitary Pads Distributed	4,897	Number of sanitary pads distributed to promote menstrual hygiene
Workshops Conducted	151	Total number of workshops conducted in schools
Training Workshops for Team	13	Number of training workshops conducted for project team members
Field Coordinator Visits	15	Number of monitoring and follow-up visits made by the project coordinators
Pre/Post Workshop Assessments	151	Assessments conducted to evaluate the effectiveness of the workshops
Increase in Menstrual Hygiene Awareness (%)	60%	Estimated increase in menstrual hygiene awareness among girl students based on post workshop assessment surveys.
Student Participation Rate in Workshops (%)	90%	Percentage of students who actively participated in workshops
Teacher Feedback - Positive Change Observed (%)	85%	Percentage of teachers who reported a positive change in




Mental Health Sessions Conducted	151	student openness and Number of sessions focusing on mental health awareness
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Qualitative Impact

<p>Behavioral Change</p> 	<p>Increased awareness among girls about menstrual hygiene reduced the stigma associated with menstruation. Teachers reported a noticeable improvement in girls' confidence to attend school during their periods.</p>
<p>Mental Health Awareness</p> 	<p>Feedback indicated that students felt more comfortable discussing issues related to stress and anxiety post-workshops. Teachers were trained to continue these conversations in schools.</p>
<p>Child Safety Awareness</p> 	<p>The project enhanced students' understanding of their rights, leading to a safer school environment.</p>

Quantitative Impact

<p>Attendance Improvement</p> 	<p>Absenteeism among female students during menstruation reduced as we saw huge participation from female students during our drive across the 151 schools.</p>
<p>Participation Metrics</p> 	<p>90% of the participants engaged actively during the workshops, as noted by field coordinators.</p>
<p>Feedback from Teachers</p> 	<p>85% of teachers observed positive changes in students' willingness to discuss sensitive topics openly.</p>

Way Forward

Project Saarthi successfully addressed critical gaps in menstrual health, mental health, and child safety awareness, contributing to improved health, education, and gender equality in Haryana. The project's alignment with UN SDGs and national initiatives, supported by data from global reports, demonstrates its significant impact. Continued efforts in these areas are vital for fostering a healthier, more educated, and equitable society.

[Link to Attendance Sheets, School Letters, Photos & Videos](#)

Challenges and Lessons Learned



Seasonal and Academic Challenges

The **Farmers' Protest** and **school vacations** delayed implementation in certain months. Flexibility in scheduling and additional sessions helped overcome these barriers.



Stigma and Cultural Barriers

Menstrual health remained a challenging topic to address openly in some areas. Partnering with community leaders and providing culturally sensitive material was effective in reducing resistance.

Moving Forward

The Young Ignited Minds Foundation plans to scale up Project Saarthi to cover additional districts in Haryana, with a goal to reach 300 schools by the end of 2025. The findings from this project will be used to refine training modules and expand partnerships with more NGOs and local health bodies.

Annexure A

List of Schools

1. Govt. Girls Sr. Sec. School, Dumerkha – 45 students
2. Govt. Girls Sr. Sec. School, Narwana – 49 students
3. Govt. Sr. Sec. School, Dharodi – 32 students
4. Govt. Girls High School, Dharodi – 34 students

5. Govt. Girls Sr. Sec. School, Dhamtan – 33 students
6. Govt. Middle School, Harnampura – 46 students
7. Govt. High School, Lown – 49 students
8. Govt. Middle School, Phulian Khurd – 48 students
9. Govt. High School, Karamgarh – 35 students
10. Kasturba Gandhi Balika Sen. Sec. School, Phulian Khurd – 29 students
11. Govt. Sr. Sec. School, Phulian Kalan – 49 students
12. Govt. High School, Sulehra – 30 students
13. Govt. Middle School, Julhera – 24 students
14. Govt. Middle School, Khanpur – 21 students
15. Govt. High School, Hamirgarh – 38 students
16. Govt. High School, Kharal – 14 students
17. Govt. Girls Sr. Sec. School, Kalwan – 35 students
18. Govt. High School, Sinsar – 34 students
19. Saheed Suresh Kumar Govt. Sr. Sec. School, Dhakal – 31 students
20. Govt. Sr. Sec. School, Singowal – 42 students
21. Govt. Middle School, Saintly – 17 students
22. Govt. Girls High School, Scha Khera – 33 students
23. Govt. Middle School, Badowal – 12 students
24. Govt. Sr. Sec. School, Dablain – 49 students
25. Govt. Sr. Sec. School, Hatho – 41 students
26. Govt. Middle School, Bidhrana – 31 students
27. Govt. Sr. Sec. School, Seemla – 49 students
28. Govt. High School, Sheogarh – 49 students
29. Govt. Middle School, Mohal Kehar – 16 students
30. PM Shri Govt. Sr. Sec. School, Bhana Brahmnan – 49 students
31. Govt. Sr. Sec. School, Belarkha – 35 students
32. Govt. Model Sanskriti Sr. Sec. School, Belarkha – 38 students
33. Govt. Sr. Sec. School, Bhikhewala – 47 students
34. Govt. Sr. Sec. School, Kaloda Kalan – 24 students
35. Govt. Girls Sr. Sec. School, Dhanoda – 39 student
36. Govt. Sr. Sec. School, Furain Kalan – 40 students
37. Govt. Sr. Sec. School, Amargarh – 47 students
38. Govt. Middle School, Ismaitpur – 14 students
39. Govt. Middle School, Nehra – 11 students
40. Govt. High School, Khardual – 39 students
41. Govt. Middle School, Pinjupura – 27 students
42. Govt. Girls Sr. Sec. School, Kalayat – 49 students
43. Govt. Middle School, Kalayat – 21 students
44. Govt. High School, Kharak Pandwa – 47 students
45. Govt. Middle School, Ramgarh Pandwa – 18 students
46. Govt. Middle School, Lochab – 19 students
47. Govt. High School, Rajgarh Dhobi – 35 students
48. Govt. Middle School, Dhani – 32 students
49. Govt. High School, Tohana Khera – 35 students
50. Govt. Middle School, Badanpur – 34 students
51. Govt. Sr. Sec. School, Badanpur – 24 students
52. Govt. High School, Surbura – 31 students
53. Govt. Sr. Sec. School, Manglpura – 26 students
54. Govt. Middle School, Dheroli Khera – 16 students
55. Govt. Middle School, Sedha Majra – 14 students
56. Govt. Middle School, Jheel – 29 students
57. Kasturba Gandhi Balika School, Kheri Saffa – 46 students
58. Govt. High School, Kharak Bhura – 46 students

59. Govt. Middle School, Kheri Saffa – 18 students
60. Govt. High School, Ghaso – 33 students
61. Govt. Middle School, Tarkha – 21 students
62. Govt. Sr. Sec. School, Kabarachha – 36 students
63. Govt. High School, Sudkain Kalan – 24 students
64. Govt. Sr. Sec. School, Ujhana – 24 students
65. PM Shri Govt. Sr. Sec. School, Ujhana – 40 students
66. Govt. Sr. Sec. School, Batta, Kaithal – 32 students
67. Govt. Sr. Sec. School, Kailram, Kaithal – 44 students
68. Govt. Middle School, Dumara, Kaithal – 16 students
69. Govt. Middle School, Brahamaniwala, Kaithal – 19 students
70. Govt. Sr. Sec. School, Karsindhu, Jind – 27 students
71. Govt. Girls High School, Matour, Kaithal – 33 students
72. Govt. Sr. Sec. School, Badsikri, Kaithal – 28 students
73. Govt. Middle School, Julani Khera, Kaithal – 17 students
74. Govt. Sr. Sec. School, Chaushala, Kaithal – 15 students
75. Govt. Girls High School, Balu, Kaithal – 38 students
76. Govt. High School, Sudkain Khurd, Jind – 15 students
77. Govt. Girls High School, Karsindhu, Jind – 35 students
78. Govt. Middle School, Alipura, Uchana, Jind – 24 students
79. Govt. Sr. Sec. School, Kurar, Kaithal – 42 students
80. Govt. Middle School, Ambarsar, Jind – 13 students
81. Govt. Sr. Sec. School, Dhundwa-Kolekhan, Kaithal – 49 students
82. Govt. Middle School, Kolekhan, Kaithal – 17 students
83. Govt. Middle School, Kheri Lambu, Kaithal – 23 students
84. Govt. Middle School, Sinand, Kaithal – 22 students
85. Govt. Sr. Sec. School, Khadalwa, Kaithal – 30 students
86. Govt. Sr. Sec. School, Jakholi, Kaithal – 45 students
87. Govt. Middle School, Wazirnagar, Kaithal – 18 students
88. Govt. Sr. Sec. School, Kasan, Kaithal – 22 students
89. Rajkiya Varisht Madhyamik Vidyalaya, Balu, Kaithal – 32 students
90. Govt. High School, Data Singh Wala, Jind – 19 students
91. Govt. Middle School, Dhindoli, Jind – 14 students
92. Govt. High School, Hansdehar, Jind – 39 students
93. Govt. Sr. Sec. School, Haripura, Kaithal – 27 students
94. Govt. Middle School, Nepewala, Jind – 17 students
95. Govt. High School, Dhabi Tek Singh, Jind – 21 students
96. Govt. Middle School, Garhi, Jind – 9 students
97. Govt. Middle School, Naraingarh, Jind – 12 students
98. PM Shri Govt. Sr. Sec. School, Pipaltha, Jind – 30 students
99. Aarohi Model Sr. Sec. School, Jind – 31 students
100. Govt. Girls High School, Pipaltha, Jind – 38 students
101. Govt. Sr. Sec. School, Sanghan, Kaithal – 45 students
102. Govt. Girls Middle School, Sangatpura, Kaithal – 18 students
103. Govt. Middle School, Nandsinghwala, Kaithal – 24 students
104. Govt. Sr. Sec. School, Budha Khera, Kaithal – 28 students
105. Govt. Sr. Sec. School, Baba Ladana, Kaithal – 49 students
106. Govt. Sr. Sec. School, Guhna, Kaithal – 49 students
107. Govt. Girls Senior Secondary School, Padla, Kaithal – 16 students
108. Govt. Sr. Sec. School, Sajuma, Kaithal – 20 students
109. Govt. Middle School, Dubbal, Kaithal – 13 students
110. Kasturba Gandhi Balika Vidyalaya, Sajuma, Kaithal – 42 students
111. Govt. High School, Pehalwan, Jind – 21 students
112. Govt. Girls Senior Secondary School, Uchana Mandi, Jind – 28 students

113. Govt. Model Sanskriti Senior Secondary School, Uchana Kalan, Jind – 21 students
114. Govt. High School, Kheri Masania, Jind – 35 students
115. Aarohi Model Sr. Sec. School, Ghaso Khurd, Jind – 49 students
116. Govt. Girls Senior Secondary School, Barsola, Jind – 30 students
117. Govt. Middle School, Khapran, Jind – 20 students
118. Shaheed Ram Mehar Govt. Sr. Sec. School, Bhongra, Jind – 49 students
119. Govt. High School, Budain, Jind – 24 students
120. Govt. Sr. Sec. School, Uchana Khurd, Jind – 17 students
121. Govt. Girls High School, Uchana Khurd, Jind – 38 students
122. Govt. Girls Sen. Sec. School, Dhanauri, Kaithal – 20 students
123. Govt. Middle School, Sainthly, Jind – 23 students
124. Govt. Girls Secondary School, Kakrod, Jind – 24 students
125. Govt. Sr. Sec. School, Durjanpur, Hisar – 47 students
126. Govt. High School, Hasangarh, Rohtak – 27 students
127. Govt. Middle School, Khumba Khera, Hisar – 25 students
128. Govt. High School, Sandil, Jind – 39 students
129. Govt. Girls Senior Secondary School, Chhatter, Jind – 20 students
130. Govt. High School, Kuchrana Valan, Jind – 25 students
131. Govt. Middle School, Kheri Sher Khan, Kaithal – 25 students
132. Govt. Girls High School, Thua, Jind – 24 students
133. Govt. High School, Mandi Kalan, Jind – 22 students
134. Govt. Sr. Sec. School, Khatkar, Jind – 32 students
135. Govt. Middle School, Bhonsala, Jind – 23 students
136. Govt. Sr. Sec. School, Kasuhan, Jind – 15 students
137. Govt. Girls High School, Ghograin, Jind – 19 students
138. Govt. High School, Mohangarh, Jind – 37 students
139. Govt. Middle School, Barodhi, Jind – 10 students
140. Govt. Sr. Sec. School, Narar, Kaithal - 30 students
141. Govt. Middle School, Deod Kheri, Kaithal - 20 students
142. Govt. Sr. Sec. School, Shergarh, Kaithal- 31 students
143. Govt. Middle School, Devigarh, Kaithal - 30 students
144. Govt. High School, No-4, Kaithal - 32 students
145. Govt. Sr. Sec. School, Peoda, Kaithal - 40 students
146. Govt. Middle School, Bhanpura, Kaithal - 21 students
147. Govt. High School, Kutabpur, Kaithal - 48 students
148. Principal Govt. Sr. Sec. School, Sirta, Kaithal -38 students
149. Govt. Middle School, Magho-Majri, Kaithal - 21 students
150. Govt. Middle School, Franswala, Kaithal - 21 students
151. Govt. Sr. Sec. School, Chandana, Kaithal - 33 students

Thank You

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